

1. What is Confirmation?

Confirmation is the sacrament through which the Holy Spirit comes to us in a special way and enables us to profess our faith as strong and perfect Christians and soldiers of Christ.

2. What are the five effects of the Sacrament of Confirmation?

5 Spiritual Effects of the Sacrament of Confirmation

from the Catechism of the Catholic Church, 1303

**CHILD OF GOD**

It roots us more deeply as children of God which makes us cry, "Abba, Father!"

EFFECT 1

GIFTS OF THE HOLY SPIRIT

It increases the gifts of the Holy Spirit in us: wisdom, counsel, understanding, knowledge, fortitude, piety, fear of the Lord.

EFFECT 2**CLOSER TO CHRIST**

It unites us more firmly to our Savior Jesus Christ.

EFFECT 3**FULLY CATHOLIC**

It renders our bond with the Catholic Church more perfect.

**DEFEND THE FAITH**

It gives us a special strength to spread and defend the Faith as true witnesses of Jesus Christ.

EFFECT 4**EFFECT 5**

the Catholic Company® Because Faith Matters

3. What are the Seven Gifts of Holy Spirit which we received at Baptism, and are now strengthened within us?

GIFTS OF THE HOLY SPIRIT

WISDOM
To value the things of God

UNDERSTANDING
To grasp faith's mysteries


COUNSEL
To make wise decisions

FORTITUDE
To strengthen your will

KNOWLEDGE
To enlighten your mind

PIETY
To love and serve God

FEAR OF THE LORD
To respect God's majesty



- **GIFTS** are what we are **GIVEN** by God to participate and grow in the Trinity
 - They make us more attentive to the voice of God and make it easier to follow his plan in our lives
- **FRUITS** are the effects of the gifts of the Holy Spirit. They are what we **EXPRESS** as a result of our faith and love.
 - Through the fruits of the Holy Spirit, our soul begins to experience the peace and freedom that God has planned for us.

4. What is the meaning of the signs and actions?

5. What are the 12 Fruits of the Holy Spirit?

Sign/Action	Effect/Meaning
Renewing Baptismal Promises (CCC, 1298)	Confirmation completes the Sacrament of Baptism
Bishop Extends Hands in Blessing (CCC, 1299)	Outpouring of the Holy Spirit
Anointing with Oil (1293-1296)	receive the Holy Spirit, completes Baptism, united with Christ (the Anointed One, Messiah)
Laying on of Hands (1300)	Strength and character to witness to the Gospel
"Be Sealed with the Holy Spirit" (1300)	Indelible seal/character to witness; receive the gifts of the Holy Spirit



The Twelve Fruits of the Holy Spirit

Charity (love)
Joy
Peace
Patience
Kindness
Goodness
Generosity
Gentleness
Faithfulness
Modesty
Self-Control
Chastity